

# Town of Plainfield Recreation Department

## Water Aerobics Instructor

Part Time AM and PM hours available

Compensation: Negotiable

**Position Summary:** Employee is responsible for developing and conducting different types of aquatic aerobics classes. We are looking for instructors who are willing to help us create fun and exciting exercise classes within the aquatic environment!



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#### **Essential Functions:**

- Arrive on time to teach & prepare effective workouts using equipment
- Creates new workouts and adapts workouts for all abilities
- Conduct classes with or without music
- Conduct safe, quality, and enjoyable classes
- Assist patrons, answer questions, and maintain a positive environment for patrons to exercise
- Keep management informed of facility and equipment needs
- Prepares and completes accident/incident reports during emergency situations. Notifies management
  of all emergencies immediately.
- Completes regular cleaning and tidying of equipment used for classes to ensure the maintenance of a safe environment for staff and patrons.
- Performs other duties as assigned

#### Requirements:

- Water Aerobic Certification is preferred (must be
- Must be First Aid, CPR, & AED Certified
- Lifeguard Certification or willingness to become lifeguard certified is preferred

### **Working conditions:**

Work is performed in an indoor aquatic environment.