

The Senior Connections

Plainfield Senior Citizen Center
482 Norwich Road, Plainfield, CT 06374
Telephone: 860.564.1819, ext. 507



HAPPY
Valentine's

VOL. 34

ISSUE 02

DAY

FEBRUARY 2026

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Happy Valentine's Day to All,

It is nice to see that Mother Nature has been kind to us so far. But winter isn't over yet. Here at the center we are busy planning the new years events. The office is buzzing with members bringing in their re-new form. If you haven't renewed yet you will find a form in your news letter. Please fill it out and bring it into the office or drop it in the mail. If you are 80 years old you are now a life time member and your membership is FREE. We still ask that you fill out the form and return it. The address is on the top of the form. Remember to renew before March 31th or you will no longer receive a news letter in the mail.

During the cold days of winter a lot of our Seniors don't like to go out of the house. If you Have a friend that you haven't seen lately reach out to them and check to make sure they have what they need anything or maybe may time to go visit.

In your quiet time please remember our friends and members who are no longer with us and their families. If you haven't seen someone at the Center for awhile try reaching out to them to see if everything is ok. You never know when you can make a difference.

*Cindy Paquin,
Club President*

Dates to remember:

2/12 - All Members Meeting

2/16 - Presidents Day - Recreation & Senior Center is Closed

2/20 - Sock Hop Social - Deadline for sign up is 2/12.

Plainfield Senior Center Hours Of Operation

Call 860.564.1819 for more information.

- ♦ *The Plainfield Senior Center and Town of Plainfield Recreation Department* are housed in the same building at 482 Norwich Road (Rt. 12) in Plainfield, CT. The building is open Monday through Friday 8:30 am to 4:30 pm, except for holidays.
- ♦ The *Senior Citizen Club Office* is open Monday through Thursday 9 am to 12:00 pm.
- ♦ **Closings due to inclement weather, or for other reasons, will be aired on WFSB Channel 3, on the PLAINFIELD RECREATION FACEBOOK PAGE and listed on WFSB.com.**

What's Going On Here At The Center?

More Info @ 860.564.1819. Items may change, so check these lists regularly!

Every Week

Bingo-Tuesdays Noon to 3 pm. Small fee.

Pitch League—Wednesdays at 9:30am. League runs 14 weeks then starts again. Always looking for subs. Please sign up by calling Josie @ 860-377-0477

Social Services Office- Mon. & Fri. 9-12. Assistance with State & Federal benefits, referrals to area programs, and help with many issues related to healthy aging. Appointment recommended. Free.

Art Classes— Mondays at 10 am. Free.

Chorus— Mondays 1 to 2:30 pm. Free.

Line Dancing- Different ability levels on different days; all classes 6:30 to 8:00pm. No Summer sessions. Fee applies.

Historical Society- Open by appointment. Call Ruth Bergeron at 860-564-8561 to schedule an appointment. Free.

Veterans Coffeehouse- Thursdays 8:30 to 10:00. Free

Exercise Groups and Other Programs-

Chair Yoga, ,Functional Exercise for Seniors, Let's Get Moving Exercise class, Walk With Ease, Water Aerobics. Some classes are fee-based, while others may be free (grant funded.) Check out plainfieldrecreation.com for class descriptions, dates, times, and pricing, or call the Rec Dept at 860-564-1819.

Special Events

Travel Opportunities -Many (14 + per year) travel options ranging from day trips to overnights. Prices vary.

Socials, Speakers, & Other Events- Themed socials, useful workshops, and interesting speakers throughout the year. Info posted in this Newsletter. Prices vary.

Available Daily

Library- Borrow and return books and DVDs on the honor system. Donations of books (2020 and newer) and DVDs accepted. Free.

Billiards— Pool table, assortment of cue sticks , Pingpong Free.

Senior Transportation— Restrictions apply. Call Rec. Dept for details.860-564-1819 Donations are welcomed and appreciated.

Notary Public- At the Town Hall Clerk's office, call 860- 230-3010. **Please note this service does not include Power of Attorney services.**

Retired Flag Drop-Off Box- In the main lobby.

Lions Club Eyeglasses Drop-Off Box- In the main lobby.

The Arc of Eastern CT Can & Bottle Drop-Off Boxes— Parking Lot , main lobby, & dining room.

Sunshine Club- Sends greetings to members for illness, hospitalization, death in family, etc. Free

Once A Month

Women's Club- Third Wed. of the month, 1-4 pm. Free.

Foot Care Clinic- First Wed. of each month. Appt. required.

Monday Night Supper- Last Monday of each month, March through November @ 4pm cost \$10.00.

Select Socials- Look for details inside this news letter.

HEATH & FITNESS CLASSES

LET'S GET MOVING

MONDAY'S @ 10:15am– 11:15am

CHAIR YOGA

THURSDAY'S @ 10:15am– 11:15 am

FUNCTIONAL EXERCISE FOR SENIORS

TUESDAY'S @ 1:00am– 2:00pm

WALKING WITH EASE, WALKING CLUB

Monday, Wednesday, Friday 8:00– 9:00am

There is no instructor for this.

Fees apply: Register at Recreation Department



TRAVEL NEWS

Travel still doesn't have travel booklets yet. I'm still waiting for August and December flyer from Friendship. They are working on the bookings. In the library I have a binder with all the flyers that I have. Come down, take the flyers so you know what the trips are for the months to come. July 13th

The Tall Ships Boston I was informed that I can only take Thirty-Five people. If you want to go come down and sign up. You can sign up for the whole year. Hope to see you soon.

February 17, 2026 Our first trip is the BARN IN STURBIDGE MASS, going to feature Elvis. (Looking for 10 more people for this trip) I looked on YouTube for Travis Ledoyt, and he is very good sounds like Elvis we will also enjoy a nice luncheon buffet. Come on down and sign up for our first show hope to see you.

March, we have two trips Seven Angels Theater, people who have the flyer for the March 8th show, the show has been changed to something else. I'm still waiting to hear, and I still believe so far, the date will be the same waiting on feedback. Tropicana Atlantic City March 30-April 1st. Hope the weather will be nice to take a walk on the boardwalk. Two shows "Country Legends" with Dee Reilly and 50's & 60's "Rock Around the Clock". \$100 back fifty in slots and fifty in food.

Sheila Patchen, Travel Director

Indoor Winter Thaw Flea Market

Save the date!

The America 250 Committee will be hosting an indoor *Winter Thaw Flea Market* at the Plainfield Town Hall on **Saturday March 21st from 9am to 2pm.** Come and browse the assortment of vendor and flea market merchandise! Rent a vendor table for only \$25.00; all proceeds from table fees will used toward America 250 events for the Town of Plainfield. For more information or a vendor application, contact America 250 Committee Chairperson Melody at 860-428-0882 or Melo-dylee14@hotmail.com. Program organized by the Plainfield America 250 Committee in conjunction with the Deborah Avery Putnam Chapter of The Daughters of The American Revolution.



WELCOMING NEW MEMBERS

The Plainfield Veteran's Coffee House is welcoming new members. If you are a Veteran and are looking to socialize with fellow veterans this could be for you.

We meet Thursday Mornings @ 8:30am at the Plainfield Recreation & Senior Center located at 482 Norwich Rd., Plainfield.

We offer informational speakers, coffee and snacks, and fellowship.

All Veterans; Men and Woman of all ages are invited

Come in and join use!!



SOCK HOP

FRIDAY, FEBRUARY 20, 2026

3:00 PM—6:00 PM

DJ AND KARAOKE—DJ BILL CODY

COST: \$15.00 PER PERSON

MENU

HAMBURGERS, CHEESEBURGERS, HOT DOGS, or CHICKEN PATTY SANDWICH. ROOTBEER AND ORANGE CREAMSICLE FLOATS

CATERED BY OUR OWN

SHEILA PATCHEN

Donation Basket & 50/50

SIGN UP STARTS MONDAY, JANUARY 5, 2026

Deadline for signup is Thursday Feb. 12th

We need your food selection at SIGN UP.

PITCH LEAGUE WINNERS



Session ending Dec. 17th



1st Place - Joe Phaiah & Joe Volante

2nd Place - Dave Herbert & Craig Frink

3rd Place - June Dougherty & Janet Barnes

5th Place - Linda & Gail Pierce

"Congratulations Everyone"

Senior Club News

Welcome to Our New Members: Donna Celka, Lincoln & Janice Cooper, Patricia Deasy, Lori Delmonico, Rachel Fraleigh, Rachel Lisee, Lori Stanis.

Condolences go out to: Al & Leona Bissonette and family (daughter's passing), Salvator Chiamonte and family (wife Louise's passing), Paula Erickson and Family (husband Bob's passing).

Monthly Birthdays: For all our members celebrating their Birthday in **FEBRUARY "Happy Birthday"!!!!**

Cell Phone Tech Support : If you need help with your cell phone make an appointment to see Jenn Smith. You **MUST CALL** and make an appointment **with Jenn @ 1-215-303-0733.**

Sunshine Committee: Our Sunshine Committee sends cards to our members who are going through a loss or who are ill. Call the Senior Club Office at 860-564-1819 x507 with the name and address of those who should receive a card.

Greeting cards are still available outside the Senior office at a low price **10 cents each or 10 for \$1.** Moneys help to support our senior center. Also any card donations are welcome. Thank you for your support.

ALL MEMBERS MEETING

FEBRUARY 12, 2026

1:00pm

In the dining room @ the Center.

Guest Speaker

Laura Crews

Director of Benefits Access

Topic - Navigating Medicare

Please come and Join Us!!

Refreshments available!

The Rec's Craft Corner

Valentine get together

Friday, 2/13 11:00am

**Come in for coffee, snacks, &
Games**

Wheel of Fortune

Thursday, 2/26 11:00am

Both of these will be in the craft room and are

FREE

Come join the fun!!!!

Please register for the events at the

Plainfield Recreation Office or call

860-564-1819



SCISSOR, KNIFE, AND BLADE SHARPENING

By Razor's Edge Sharpening Service

Knives \$2.50 ea.

Scissors/Pinking Shears \$5 ea.

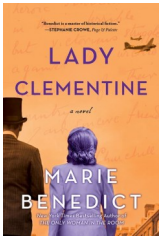
Electric Hedge Trimmers \$10 ea.

Chain Saw Chains/ Lawn Mower Blades \$5 ea.

Drop of your items that need to be sharpened at the Recreation Office by 4/10. Be sure to have your items wrapped in newspaper and safely stored in a plastic bag, with your **name, phone number** on the bag and **correct payment** included.

****Cash or Check made payable to Dan Correia****

Your items will be ready to be picked up starting on Monday, 4/20.



MONTHLY BOOK REVIEW

LADY CLEMENTINE BY MARIE BENEDICT

An incredible novel of the brilliant woman whose unsung influence helped shape two World Wars—Clementine Churchill. In 1909, Clementine steps off a train with her new husband, Winston. An angry woman emerges from the crowd to attack, shoving him in the direction of an oncoming train. Just before he stumbles, Clementine grabs him by his suit jacket. This will not be the last time Clementine Churchill will save her husband.

Lady Clementine is the ferocious story of the ambitious woman beside Winston Churchill, the story of a partner who did not flinch through the sweeping darkness of war, and who would not surrender either to expectations or to enemies.

(PLEASE BE SURE TO **SIGN OUT** THIS BOOK OF THE MONTH AND **RETURN IT** IN A TIMELY MANNER SO OTHERS CAN READ IT) THANK YOU!



MATINEE MAGIC

Take a break and join us for a classic movie or thought provoking documentary on select Wednesday mornings **Each month!** Bring a friend, a snack, and your love for cinema, we'll provide the rest!

WEDNESDAYS 10:30AM

2/4 NONNAS (MOVIE)

The film is based on the life of Joe Scaravella, the owner of Staten Island (new York City) restaurant Enoteca Maria, who risks everything to honor his recently deceased, beloved mother by opening an Italian restaurant with actual grandmothers as chefs. Starring Vince Vaughn, Lorriane Bracco, Talia Shire, Brenda Vaccaro, Linda Carllini, Susan Sarandon.

2/18 BACK IN ACTION (MOVIE)

Two CIA operatives who get pulled back into espionage after 15 years living incognito with their two children, when their secret cover is blown. Starring Jamie Foxx, Cameron Diaz, and Glen Close.

Register in advance for seating with the rec. office or on line @ plainfieldrecreation.com



MONDAY NIGHT SUPPER

**Monday, March 30, 2026
4:00pm**

Menu

Baked Macaroni & Cheese
Salad, Drinks & Dessert.

Cost: \$10pp in Advance. \$12 Walk-ins!!!

For more information **Contact: Leslie Nielson**
@ 860-377-1933



PLAINFIELD LIONS CLUB

PANCAKE BREAKFAST

Plainfield Senior Center
Sunday, February 8, 2026

8am - 12 pm

\$10/Adults \$5/Seniors & children under 12
Children under 2 free
Join us for pancakes, sausage, juice, coffee,
tea and cocoa

Healthy Aging With Joyce

From Joyce Hoffman, BA Social Work, Social Service Coordinator

Joyce is in her office here at the Center on Monday & Friday mornings from 9 to 12. Appointments at 860.564.1819 X 506 Free.

Starting February 1st, 2026, elderly (age 65 and older) and totally disabled homeowners can apply for the Homeowners Tax Break Program. **Last day to apply is May 15th, 2026.** There is a yearly Income limit and approved applicants must reapply every other year. Proof of income from 2025 is required. Check with the Plainfield Town Hall, Assessor's Office, at **860-230-3008** to see if you qualify for this program.

Ledgewood Acres Apt. Complex in Plainfield, CT and Knollbrook Village in Canterbury, CT are now accepting applications for their waiting lists. These housing complexes are for persons over 62 years of age and disabled persons over age 18. Call Rural Consulting & Management at: **860-564-0838** to request an application be sent to you.

****Joyce is available to assist with completing the application and making any copies you need to send in.****

We received the donation of **6 folding shower bench seats** from the Canterbury Senior Center. If you or a family member who is a Senior needs a shower bench seat, please call Joyce at **860-564-1819** to arrange for pick up. These are new, in the box, shower bench seats!

A reminder that the Caregivers Support Group for those caring for persons with Dementia meets the 2nd Thursday of each month at 1:30pm. Place: The Quinebaug Valley Senior Center, 69 South Main Street Brooklyn, CT. This month it's on February 12th at 1:30pm. Call **860-774-1243** for details and give yourself or a loved one a boost with the caregiving journey.

A FREE Memory Cafe is being held at the Pomfret Library located at: 449 Pomfret Street, Pomfret, CT every Wednesday at 1:30pm. This is a social gathering for people living with Dementia to enjoy music together. Led by Leah Muller of CT Music Therapy Services. Call 860-928-3475 for more details. Or go to: www.pomfretlibrary.org

AARP Foundation Tax Aide is a **FREE** tax prep service staffed by volunteers. They can help you with issues on your 2025 Tax return. Talk to Joyce about a listing of **FREE AARP** tax prep sites which will be operating from February to April 2026. Call her at 860-564-1819.

Reminder: The Plainfield Senior Center is a Warming Center. You can come here Monday - Friday from 8:30 to 4:30pm in the event that you have no power or no heat in your home. Bring your lunch and come here to get warm, use our library. This is a **FREE** service and open to Plainfield area Seniors 55 and older.

NEW GED and English as a Second Language classes are being offered in Plainfield and Putnam, CT. Call **EASTCONN** today at **860-779-3770** for details. If you didn't get your high school diploma or if you have a family member who needs this, now is the time in 2026!

Once again, **thanks to the Hairdressers in Moosup, CT** for donating current magazines to our library here at The Senior Center!

Plainfield Senior Citizen Center
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Plainfield, CT 06374
Phone: 860-564-1819
plainfield.seniors@yahoo.com

PRESORTED STANDARD
US POSTAGE PAID
DANIELSON, CT
PERMIT NO. 8

*The Plainfield Senior Citizen Center enriches the lives of our senior friends through friendship,
activities, health, and nourishment.*